



2010 Velocity Stage Race
Saturday, May 1 – Sunday, May 2
~ presented by the Velocity Cycling Club ~

Location: Time Trial (Saturday, am) and Road Race (Sunday) – Josephburg
Criterium (Saturday, pm) – Alberta Research Park, Edmonton

Entry Fees: \$90 (all Categories 18 and over); U-17 category, \$60.00.
Fee includes post-race meal after Sunday's race.

Registration: www.karelo.com is handling registrations again this year.
Registration starts Monday, April 26th at 12:00 noon and closes
Thursday April 29th at 11:45 pm.

Please note:

- field limits of 50 riders per category will be in effect for all categories
- riders must be registered during the time frames specified; Friday and/or race day registration will **not** be accepted. This is to facilitate the assigning of race numbers and to prepare the time trial start list, which will be posted on the Velocity site Friday afternoon.
- You will not fill in a road race body number when you register – see below

Race Numbers Race numbers will be generated via the timing system when you register online.
Race numbers and frame plates can be picked up Friday evening (6-8:00 pm) at the **Velocity shop** (7208 – 101 Ave, Edmonton) or prior to the Time Trial on Saturday, beginning at 7:30am.
Please ensure you gauge your time wisely when deciding when and where to get your numbers! Please remember: being on time for your TT start is *your* responsibility; plus, if you pick up your numbers on Friday, you can sleep in a wee bit Saturday ☺

Please Note: Racers are asked to supply their own safety pins and zip-ties, please!

Sign-on: Velocity Shop, Friday evening **or** Josephburg Recreation Grounds - Twp Rd 550 west of RR 213.
Directions: Travel East on Hwy 16 Turn left on Hwy 830 travel North, Turn right on Twp 550. Josephburg Recreation Grounds is on right-hand side approximately 2 km after crossing railroad tracks. Again – gauge your time wisely!

Please note: In order to race, riders must fulfill TWO criteria: be pre-registered (see above) and be in possession of an ABA 2010 license - either a physical license, to be shown to the technical delegate OR name must appear in the ABA data base (accessible by TD).

No license or no name in data base = no race.

Not pre-registered by Thursday, April 29, at 11:45 pm = no race.

STAGE EVENT DETAILS:

Time Trial: Saturday May 1st. 2010 ~ Distance is 10km
Start time 8:30 am. Cyclists leave at 30-second intervals. The Time Trial will be staged from Josephburg Recreational Grounds. **Absolutely no parking at the Moyer Recreation Centre in Josephburg.**
The Course Starts: East of RR 213 on TWP 550
turning: South on RR 112
West on TWP 544
North on RR 213
The Finish will be 80 meters before the junction of TWP 550.
Neutral Wheel Pit at halfway point.
[MapMyRide course map](#)

*****Please No Riding other than racing on the TT course in either direction after 8:30 am.*****

criterium: Saturday, May 1st. 2010
Course is located at Alberta Research Park (250 Karl Clark Road – south end of Alberta Research Park at 23rd Avenue and Parson's Road on Edmonton's south side).

*****Sign on Sheets for Crit will be posted on a bus shelter near to the start. Be sure to locate these and SIGN ON at least 15 minutes prior to your crit.*****

Criterium Schedule:

Category	Start	Time + laps
U17	3:00 pm	20m + 3 laps
5	3:30 pm	25m + 3 laps
4	4:15 pm	30m + 3 laps
Women A&B	5:00 pm	30m + 3 laps
3	5:45 pm	40m + 3 laps
1 / 2	6:45 pm	45m + 3 laps

One prime for bonus time (3s, 2s, 1s), plus bonus time for top 3 at finish (6s, 4s, 2s), for each category.

[MapMyRide course map](#)

Road Race: Sunday, May 2nd. 2010
As a condition of our permit: **no parking** of vehicles on the course or in the feed zone. There is ample parking at the Josephburg Recreation Grounds. (See note below)

Sign-on for the Road Race will take place at the Josephburg Recreation Center, between 8:30 9:45.
Road Race **starts at 10:00 am**, Sunday May 2nd, at the Moyer Recreation Centre. We will have a neutralized rolling start to the northwest corner of the course, approximately 1 km from registration to the corner of TWP 550 and RR 214.

The Road Race Course is:

East on TWP 550
South on RR 212
East on TWP 544
South on RR 211
West TWP 542
North RR 214
East TWP 550

The finish will be at the Josephburg Recreation Grounds at the corner of TWP 550 and RR 213.

[MapMyRide course map](#)

Bonus time for top three at finish (6s, 4s, 2s) in each category.

Category	Laps	Distance
1 / 2	6	135 km
3	5	112 km
Women A&B	4	90 km
4	4	90 km
5	3	68 km
U17	2	44 km

Race Numbers Placement:

Time Trial – one number: middle of lower back, as low as possible

Criterium – two numbers: right shoulder, facing sideways + right lower back + frame plate

Road Race – two numbers, right shoulder (sideways) + right lower back + frame plate

Prizes:

Cash and merchandise, depending upon race entry. A prize list will be posted at the start of the road race.

Reminders:

- No team or unauthorized following vehicles in Time Trial or Road Race stages.
- Riders must finish each stage in order to continue onto the next. Riders lapped and pulled in the Criterium will be given a calculated time and permitted to start the Road Race.
- Do not cross the finish line, in either direction, more than once at the end of the race.
- Please respect law enforcement and locals. Do not antagonize.
- Riders should at all times ride single file when not racing.

Post race meal is held back at the Moyer Recreation Centre. Once racers have been fed, families are invited to eat.